



REMODEL

DESIGN

BUILD

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Improve your Bathroom Air Quality

The right bathroom ventilation can purify what you breathe and prevent any build up of condensation which can lead to mildew or even mold issues. Air pollution, mold and moisture are all things you don't want in your home — especially in your bathroom. The quality of the air inside a home is often worse than the quality outside, and much of this is due to poor home ventilation. If you suffer from red, itchy eyes when you're at home, you could have poor ventilation. If your bathroom window is always covered in condensation, you could have poor ventilation. Mold and mildew on bathroom ceilings and strong lingering odors are other common signs. A musty-smelling shower is often a sign that the shower was not built and waterproofed properly. Try these professional tips to help improve the quality of air in your bathroom.

Get a great fan

A top-quality fan is a must in the quest for better indoor air quality. If you have a noisy fan, no one will want to use it. This Whisper Quiet Fan from Panasonic is our favorite product on the market.

[Whisper Quiet Bathroom Fan »](#)



panasonic.com by panasonic.com

Tip: Before calling your contractor and complaining about a broken fan, try holding a single sheet of toilet paper in your hand close to the fan grille. If it's a working unit, the fan will suck the paper right off your palm. If it doesn't, you probably need a new fan.

Have multiple ways to dry out your bathroom

Installing a small window for fresh air and a fan is a great combination, but you can also take shorter showers to help reduce mold and mildew, since less moisture will need to be removed.

Tip: If you have low ceilings or a steam shower, avoid placing a fan inside the shower. You do not want the steam vapor using the ductwork of the fan as a chimney.

Install a fan timer

Find a fan timer with a one-hour setting and have your family use it with every shower.



Leviton Decora Electronic Countdown Timer »

Tip: Consider adding a remote timer so you can turn the fan on in the middle of the day or evening. It is also possible to wire in a de-humidistat as well, so the fan will run when needed. If you have younger kids or don't think you'll remember to turn on the fan timer every time, consider a fan with a motion sensor.

Consider a heated floor

Having a timer for the fan and a floor heating system is a great tag-team approach to a dry out a bathroom. Nothing dries out a shower floor or bathroom tile floor faster than floor heat. And it's comfy on the toes on those cold mornings.

Tip: You can also have a timer installed for your heated floor.



Make sure glass doors & shower panels leave room for ventilation

Keep frameless glass installations from going floor to ceiling (unless it's a steam shower), so you get more air circulation. Consider a shower transom in steam showers. The transom above the door can be used to help dry the shower when the door is closed. Placing the fan close to the transom also helps draw air out of the shower when the door is closed.

Tip: If you want to have a steam shower, you'll want to also install a larger bathroom fan.



**2010 Upper Arlington
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Pay attention to grout lines

Fewer grout joints means less surface area to absorb moisture and quicker evaporation. Using larger tiles on the walls is not only a stylish look but uses less grout. Ensure that the shower drain you install allows moisture to weep away from the underside of the tile.



**2011 Upper Arlington
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